



Size: UK 8/10 – US 4/6
EU 34/36

For size M, start 4 more chains for each part of the vest, which become 8 for size L. Work 2 more rows in height for each additional size. Also calculate 1 more ball of yarn for each additional size.

Skill Level: intermediate

How much yarn: 3 balls (each ball 50g and 165 m) of **Lime** yarn (100% Organic Cotton) shade no. 31272

Hooks: A 3.25 mm crochet hook

A 3.00 mm crochet hook (optional)

Sewing needle: Yarn needle with rounded point

STITCHES

Using crochet hook: chain (ch) – Slip stitch (ss) Double stitch (dc) – Half treble (htr) – Treble (tr) Double treble (dtr). 2TR JOINED TOGETHER (TR2TOG): yarn on hook, insert hook in stitch, yarn on hook and pull a loop through, yarn on hook and pull through two loops on hook; yarn on hook, insert hook in next stitch, yarn on hook and pull a loop through, yarn on hook and pull through two loops on hook; yarn on hook and pull through the 3 loops on the hook (= 1 decrease).

Note: the piece is slightly smaller than your body measurements but stretches to fit.

INSTRUCTIONS

This vest is worked top-down, starting with the back panel. Once the back is complete, you will crochet the front panels directly onto the shoulder sections of the back. When you reach the end of the armholes, all panels are joined, and the vest is then worked in one continuous piece down to the hem.

BACK upper part: work top-down shoulder straps separately. **LEFT STRAP** (when vest is worn): with 3.25mm hook ch 13. **1st row:** ch3 (corresponding to first tr), 1 tr into each of next 11 ch, 2 tr into last ch – neckline – (there are 14 tr), turn. **2nd row:** 2 tr into 1st tr (first tr = ch3), 1 tr into each of next 13 tr, turn. **3rd row:** ch3 (corresponding to first tr), 1 tr into each of next 13 ch, 2 tr into each of last 2 tr (there are 16 tr). Fasten off. **RIGHT STRAP:** with another ball of yarn and 3.25mm hook ch 13. **1st row:** 2 tr into first ch – neckline –, 1 tr into each of next 12 ch (there are 14 tr), turn. **2nd row:** 1 tr into each of next 13 tr, 2 tr into last tr (there are 15 tr), turn. **3rd row:** 2 tr into first tr, 1 tr into each of next 14 tr (there are 16 tr), turn. **4rd row:** 1 tr into each of next 15 tr, 2 tr into last tr (17 tr – right Strap), ch 20 for neckline,

join Left Strap and work 2 tr into first tr and 1 tr into each of next 15 tr, turn. CONT TO WORK BACK PANEL AS FOLLOWS: **5rd row:** 1 tr into each of next 17 tr, 1 tr into each of next 20 ch, 1 tr into each of next 17 tr (there are 54 tr), turn. From **6th to 9th row:** 1 tr into each of next 54 tr, turn. SHAPE ARMHOLES AS FOLLOWS: **10th row:** 2 tr into first tr, 1 tr into each of next 52 tr, 2 tr into last tr, turn. **11th row:** 1 tr into each of next 56 tr, turn. **12th row:** 2 tr into first tr, 1 tr into each of next 54 tr, 2 tr into last tr, turn. **13th row:** 1 tr into each of next 58 tr, turn. **14th row:** 2 tr into first tr, 1 tr into each of next 56 tr, 2 tr into last tr, turn. **15th row:** 1 tr into each of next 60 tr, turn. **16th row:** 2 tr into first tr, 1 tr into each of next 58 tr, 2 tr into last tr, turn. **17th row:** 1 tr into each of next 62 tr, turn. **18th row:** 2 tr into first tr, 1 tr into each of next 60 tr, 2 tr into last tr, turn. **19th row:** 2 tr into first tr, 1 tr into each of next 62 tr, 2 tr into last tr, turn. **20th row:** 2 tr into first tr, 1 tr into each of next 64 tr, 2 tr into last tr, turn. **21st row:** 2 tr into first tr, 1 tr into each of next 66 tr, 2 tr into last tr, turn. **22nd row:** 2 tr into first tr, 1 tr into each of next 68 tr, 2 tr into last tr. Fasten off.

Righ Front upper part: now work the two front straps separately, onto each back strap, starting from the foundation chain row, going in the opposite direction. With 3.25mm hook, start from the right shoulder (neckline to armhole) on the front side of Back Panel.

1st row: join yarn to first st with a ss, ch3 (corresponding to first tr), 1 tr into each of next 12 sts (there are 13 tr), turn. From **2nd to 9h row:** 1 tr into each of 13 tr of previous row, turn. **10th row:** 2 tr into first tr, 1 tr into each of next 12 tr, turn. **11th row:** 1 tr into each of next 14 tr, turn. **12th row:** 2 tr into first tr, 1 tr into each of next 12 tr, 2 tr into last tr (there are 16 tr), turn. **13th row:** 1 tr into each of next 16 tr, turn. **14th row:** 2 tr into first tr, 1 tr into each of next 14 tr, 2 tr into last tr (there are 18 tr), turn. **15th row:** 1 tr into each of next 18 tr, turn. **16th row:** 2 tr into first tr, 1 tr into each of next 16 tr, 2 tr into last tr (there are 20 tr), turn. **17th row:** 1 tr into each of next 19 tr, 2 tr into last tr (there are 21 tr), turn. **18th row:** 2 tr into first tr, 1 tr into each of next 19 tr, 2 tr into last tr (there are 23 tr), turn. **19th row:** 1 tr into each of next 22 tr, 2 tr into last tr (there are 24 tr), turn. **20th row:** 2 tr into first tr, 1 tr into each of next 22 tr, 2 tr into last tr (there are 26 tr), turn. **21st row:** 1 tr into each of next 25 tr, 2 tr into last tr (there are 27 tr), turn. **22nd row:** 2 tr into first tr, 2tr into 2nd tr, 1 tr into each of next 25 tr (there are 29 tr). Fasten off.

Left Front upper part: repeat the same steps as Right Strap, but in mirrored shape, connecting to the left edge of the Back Panel foundation chain and work the left shoulder (from neckline to armhole). Do not fasten off after finishing 22nd row of this Strap and continue across the entire vest. **23rd row:** 1 tr into each of first 28 tr of a front Front Panel, 2 tr into last tr of a Front Panel and 2 tr into first tr of Back Panel, 1 tr

into each of next 70 tr of Back Panel, 2 tr into last tr of Back Panel and 2 tr into first tr of a Front Panel, 1 tr into each of next 28 tr of Front Panel (there are 134 tr), turn.

Body Section: continue in rows, working back and forth across the full width (Front Panel + Back Panel + Front Panel) and shaping sides with increases.

24th row: 2 tr into first tr, 1 tr into each of next 132 tr, 2 tr into last tr (there are 136 tr), turn. **25th row:** 1 tr into each of 136 tr, turn. **26th row:** 2 tr into first tr, 1 tr into each of next 134 tr, 2 tr into last tr (there are 138 tr), turn. **27th row:** 2 tr into first tr, 1 tr into each of next 136 tr, 2 tr into last tr (there are 140 tr), turn. **28th row:** 2 tr into first tr, 1 tr into each of next 138 tr, 2 tr into last tr (there are 142 tr), turn. **29th row:** 2 tr into first tr, 1 tr into each of next 140 tr, 2 tr into last tr (there are 144 tr), turn. **30th row:** 2 tr into first tr, 1 tr into each of next 142 tr, 2 tr into last tr (there are 146 tr), turn. **31st row:** 1 tr into each of 146 tr, turn. From **32nd to 35th row:** rep 31st row. SHAPING THE WAIST WITH DECREASES: **36th row:** 1 tr into each of next 35 tr, tr2tog (= 1 decrease), 1 tr into each of next 72 tr, tr2tog, 1 tr into each of last 35 tr (144 sts remain), turn. **37th row:** 1 tr into each of next 71 tr, tr2tog, 1 tr into each of last 71 tr (143 sts remain), turn. **38th row:** 1 tr into each of next 34 tr, tr2tog, 1 tr into each of next 71 tr, tr2tog, 1 tr into each of last 34 tr (141 sts remain), turn. **39th row:** 1 tr into each of next 70 tr, tr2tog, 1 tr into each of last 69 tr (140 sts remain), turn. **40th row:** 1 tr into each of next 33 tr, tr2tog, 1 tr into each of next 70 tr, tr2tog, 1 tr into each of last 33 tr (138 sts remain), turn. **41st row:** 1 tr into each of next 68 tr, tr2tog, 1 tr into each of last 68 tr (137 sts remain), turn. **42nd row:** 1 tr into each of next 32 tr, tr2tog, 1 tr into each of next 69 tr, tr2tog, 1 tr into each of last 32 tr (135 sts remain), turn. **43rd row:** 1 tr into each of next 66 tr, tr2tog, 1 tr into each of last 67 tr (134 sts remain), turn. **44th row:** 1 tr into each of next 31 tr, tr2tog, 1 tr into each of next 68 tr, tr2tog, 1 tr into each of last 31 tr (132 sts remain), turn. **45th row:** 1 tr into each of next 65 tr, tr2tog, 1 tr into each of last 65 tr (131 sts remain), turn.

46th row: 1 tr into each of next 30 tr, tr2tog, 1 tr into each of next 67 tr, tr2tog, 1 tr into each of last 30 tr (129 sts remain), turn. **47th row:** 1 tr into each of 129 tr, turn.

48th, 49th and 50th rows: as 47th row. **Note:** for next rows that use double treble crochet, you can switch to a 3 mm crochet hook to slightly tighten your tension and avoid visible gaps between stitches. **51st row:** 1 dtr into each of next 13 tr (first dtr = ch4) 1 tr into each of next 13 tr, 1 htr into each of next 13 tr, 1 dc into each of next 51 tr, 1 htr into each of next 13 tr, 1 tr into each of next 13 tr, 1 dtr into each of next 13 tr, turn.

52nd row: 1 dtr into each of next 14 sts, 1 tr into each of next 14 sts, 1 htr into each of next 14 sts, 1 dc into each of next 45 sts, 1 htr into each of next 14 sts, 1 tr into each of next 14 sts, 1 dtr into each of next 14 sts, turn.

53rd row: 1 dtr into each of next 12 sts, 1 tr into each of next 12 sts, 1 htr into each of next 12 sts, 1 dc into each of next 57 sts, 1 htr into each of next 12 sts, 1 tr into each of next 12 sts, 1 dtr into each of next 12 sts. Fasten off.

FINISHING

Complete vest with a round of htr all around bottom hem, front opening, and neckline, working 2 htr over each row of tr and 3 htr over each row of dtr. Be sure to work into the loops of the stitches to avoid holes. Then work a round of htr evenly around each arm-hole. Fasten off and wec

Tie strings for Front Closure as follows:

join yarn with a ss at beg of neckline shaping on Left Front and ch30. Fasten off. Upper string is made. Count 13 rows down first tie and work Lower tie in the same manner. Work these 2 strings on Right Front too.

